

Energize Your Life's Weight Loss Challenge

Schedule of Events

When	What	Time	Where
Saturday March 27 th	Contest Orientation and Weigh In	10am	Energy Health and Fitness
Saturday April 3 rd	Week 1 Weigh In	8am-4pm	Energy Health and Fitness
Saturday April 10 th	Week 2 Weigh in	8am-4pm	Energy Health and Fitness
Saturday April 17 th	Week 3 Weigh in	8am-4pm	Energy Health and Fitness
Saturday April 24 th	Week 4 Weigh in	1pm	The Country Club Mall
Saturday May 1 st	Week 5 Weigh In	8am-4pm	Energy Health and Fitness
Saturday May 8 th	Week 6 Weigh In	8am-4pm	Energy Health and Fitness
Saturday May 15 th	Week 7 Weigh In	8am-4pm	Energy Health and Fitness
Saturday May 22 nd	Week 8 Weigh In	1pm	The Country Club Mall
Saturday May 29 th	Week 9 Weigh In	8am-4pm	Energy Health and Fitness
Saturday June 5 th	Week 10 Weigh In	8am-4pm	Energy Health and Fitness
Saturday June 12 th	Week 11 Weigh In	8am-4pm	Energy Health and Fitness
Saturday June 19 th	Week 12 Weigh In	1pm	The Country Club Mall
Saturday June 26 th	Week 13 Weigh In	8am-4pm	Energy Health and Fitness
Saturday July 3 rd	Week 14 Weigh In	8am-4pm	Energy Health and Fitness
Saturday July 10 th	Week 15 Weigh In	8am-4pm	Energy Health and Fitness
Saturday July 17 th	Week 16 Weigh In	1pm	The Country Club Mall